

# ASSOCIATION OF SOUTHERN UROLOGISTS

(South Zone Urological Society of India)

# **NEWS** Letter

www.szusi.com

January 2016

Editor: Dr. H. Krishna Moorthy

### PRESIDENT'S MESSAGE



Dear Colleagues,

Wish you a very happy New Year. May 2016 bring plenty of professional success and an abundance of good times to our members and their families.

We head into the New Year after an eventful quarter that saw the State associations hold their conferences. By all accounts, the attendance at each of these

has been encouraging to the organisers. Year after year, like cuisine, each state unit brings its unique flavour to the state conferences and this year was no different. The diversity of sessions made the conferences enjoyable. The office-bearers and organisers deserve rich compliments. The Prof. H.S. Bhat mid-term workshop was icing on the cake.

While state associations have excelled in academic activities, there appear to be several common problems, too — incomplete & inaccurate membership directories, some gaps in documented minutes of meetings and issues pertaining to registration status. Remedying this should be taken up on a war footing. As membership grows, it becomes even more important to close out these deficiencies and have robust guidelines & rules of business. The ASU office-bearers will be most happy to lend a hand whenever required. The Secretary & Executive council of the ASU have been busy doing exactly this in the past year and more for the ASU.

In the past few years, the number of Urology trainees in different institutions has increased steadily. The number of residents in each programme has burgeoned. This poses a great challenge to their training. Departments have been overwhelmed in most instances. Setting up the infrastructure to train the large number of residents and providing them with adequate skill-development opportunities is an immense challenge that is not easily surmounted. As a professional community we need to take serious note of this. We will need to take up advocacy with the Medical Council, National Board of Examinations, Governments and Heads of institutions in a big way. The need for this can never be overstated. I fervently hope we will be able to do this.

The coming months will see the Annual USI conference, the USI-BOE mock exams and a few other interesting academic events. We are also hopeful of finalising the new Constitution and guidelines — the Secretary has been working hard on them. I look forward to active participation and support from all of you in strengthening the foundations of our Association.

**Dr. A. Mohan** Presdent, ASU

# FROM THE DESK OF SECRETARY



Dear colleague,

Wishing you all Season's Greetings and the very best of New Year 2016.

It has been wonderful 4 months since the last newsletter was published and circulated. We witnessed academic activities of high caliber and meaningful contents, be it the state association meetings or the 3rd ASU-HSB Midterm Workshop. It is noteworthy that our members have been contributing

immensely to the scientific advancement of Urology. The office of the society has also been active behind the curtains, formulating various guidelines, inducting various sessions, drafting new constitution and streamlining the accounts of the society, so that no loop-holes are left over in the smooth running of ASU. The preparations for SZUSICON 2016 have gained momentum and it is the responsibility of every member to partake in this annual event. The website has been revamped and contains lot of information useful for the members. Members are requested to go through the contents of the newsletter which contains information regarding applications for participating in various sessions during SZUSICON 2016.

Yours

Dr.H.Krishna Moorthy

Secretary, ASU

### REPORT OF 3<sup>RD</sup> ASU-PROF.H S BHAT MIDTERM WORKSHOP, 2015



The 3rd ASU-Prof H S Bhat midterm workshop was held in Mangalore at Hotel Motimahal on 22nd November 2015. The theme of the work shop was "Second Opinion in Urology" There were 102 delegates for the workshop. Dr H Vinod Bhat, vice chancellor, Manipal University inaugurated the workshop. Dr Bhat, a member of the clan from which Late Dr H S Bhat hailed from provided insight into to the early days of Professor Bhat in Udupi-Mangalore and his subsequent journey as a surgeon-teacher culminating at Puttaparthi. He also commended the initiative of students of Dr H S Bhat who created a corpus to hold this workshop under the aegis of Association of Southern Urologists without sponsorship. Prof. P Venugopal, a protege of Late Dr H S Bhat reminisced how it was to work at the feet of master teacher like HSB. Prof C Chinnaswamy

extended felicitations befitting the occasion as the chief guest. Dr A Mohan, President of the association expressed happiness over the overall conduct of the workshop and highlighted the purpose of a thematic workshop which bridges academics and practice. The deliberations that followed were incisive and illuminative. There were 12 interesting and complicated case scenarios presenting in the OPD and operation theatres were discussed by the allotted presenters. The second opinionists gave their opinion followed by the house. Finally a consensus was drawn for management of each case, duly moderated by Dr.A.Mohan, Dr.KSN Chary and Dr.Ganesh Gopalakrishnan. This was a wonderful experience for both the senior and juniors alike. All sessions started on the dot and ended on time, keeping up the conventional 'ASU Standard Time'.

# IMPORTANT INFORMATION TO MEMBERS

#### **USI MOCK EXAMINATION, 2016**

USI Mock Examinations will be conducted at Kasturba Medical College, Manipal on 5-6 March 2016 with Dr.Arun Chawla as the coordinator for the same. Please visit USI website for details

# MODERATORS/CONVENERS FOR SZUSICON 2016

The following members have been selected to conduct the various scientific sessions during SZUSICON 2016 at Puducherry Khivraj Memorial Symposium: Convener: Dr.Suryaprakash Vaddi, Nellore

Prof. Nalini Venugopal CPC: Moderator: Dr.Arun Chawla, Manipal ASU-NU Hospital, Bengaluru Pediatric Urology Debate: Moderator: Dr.Sripathi V, Chennai

ASU Uro-Quiz: Quiz Master: Dr.Darwin Therattil, Thrissur

#### NEWLY INTRODUCED ENDOWED SESSIONS/ AWARDS OF ASU

- 1. ASU-NU Hospital, Bengaluru Pediatric Urology Debate
- 2. ASU-Pratheeksha Medal for Meritorious PG student
- 3. Prof. V.Ravindranath Best Paper Prize Session

#### OTHER INFORMATIONS

Invitation for various awards/fellowships, nominations for various office posts of ASU, Scientific papers for presentation in SZUSICON 2016 etc will be made by March 2016. Please note that all these are open only to ASU Members

## INVITATION FOR CASES TO BE DISCUSSED IN PROF. NALINI VENUGOPAL CPC

Details of fully worked up cases fit to be included in the Prof. Nalini Venugopal CPC during SZUSICON 2016 at Puducherry are solicited from members for selection. Dr.Arun Chawla, KMC, Manipal will be the moderator for the session. The cases will have to be presented by the member whose case will be selected for the session, discussed by a member selected separately by the ASU and details will then be presented by the Pathologist who reviewed the slides and made the final diagnosis. Please visit our website for more details.

Kindly send the details of the clinical cases with all relevant investigations before 31 January 2016 to the secretariat.

#### INVITATION FOR THEME FOR ASU-PROF H.S.BHAT MIDTERM WORKSHOP 2016, PUTTAPARTHI

Suggestions regarding the theme for ASU-Prof.H.S.Bhat Midterm Workshop to be held at Puttaparthi in Nov 2016 are invited from members. It should be a single theme, beneficial to the consultants and residents alike. Please send in your suggestions to the Secretary, ASU before 31 Jan 2016

### INVITATION FOR CHAIRING VARIOUS SCIENTIFIC SESSIONS DURING SZUSICON 2016

Applications by email are invited before 31 Jan 2016 from Full members of ASU for consideration for chairing various scientific sessions (podium, video and poster) during SZUSICON 2016 at Puducherry. Please attach a brief biodata along with your applications

# GLIMPSES OF ASU-PROF.H.S BHAT MIDTERM WORKSHOP 2015



# STATE CHAPTER MEETINGS

#### **KUACON 2015, HUBLI**

(Report by Dr. Girish Nelvigi, Secretary, KUA)

Karnataka Urology Association, held its annual conference in Hotel Dennisons at Hubli, Karnataka on the 31st October and 1st November, 2015. It was preceded by preconference workshop on LASERS and laparoscopy on the 30th October 2015. The hosts were Hubli-Dharwad Urology Association led by Dr.S. Meherwade and Dr. Bharat Kshetri. The conference was attended by about 207 delegates from both within and from outside the state. There was spirited competitions in the Best paper, Best video and Best poster categories .There were a total of 28 presentations including free papers and posters. The Prof. P Venugopal Oration was delivered by Dr Vishwambhar Nath, Hyderabad and Raju MYSOGUS Endowment Lecture was delivered by Dr. Anita Borges, Mumbai. There were interesting panel discussions on 'Goals of Care in Advanced Malignancies' and 'Medicolegal Aspects in Urology'. There were interesting case discussions, 'Points of Technique' and 'Black Pearl' which werewell discussed and elicited many questions. Regular features like Devon Traveling Fellowship and KUA Uroquiz were very enthusiastically attended. There was a very positive feedback from the consultants and the PG students.



#### LIST OF OFFICE BEARERS OF KUA FOR THE YEARS 2015-2016

President: Dr. Arun Chawla, Manipal

President Elect: Dr. Shivalingaiah.M, Bangalore

Hon. Secretary: Dr. Girish Nelivigi, Bangalore

Treasurer: Dr. Zeeshan BM, Manipal.

**Executive Council Members:** 

Dr. Nischit D'Souza, Mangalore

Dr. Prajwal Ravinder, Mangalore Dr. Kumar Prabhu, Bangalore

THE AWARD WINNERS IN VARIOUS CATEGORIES DURING THE CONFERENCE

#### Davangere PG Symposium:

Dr. Kartikeyan, Institute of NephroUrology, Bangalore

**NU Hospital Best Video Prize:** 

Dr. Prashanth Kulkarni, NH, Bangalore

Dilip Adappa Best Paper Prize:

Dr. Nikhil Patil, BLDE, Bijapur

**BMC Best Poster Award:** 

Dr. Vijay Ganapati, Institute of NephroUrology, Bangalore

#### Devon Traveling Fellowship Award:

Dr. Kshitiz Ranka, BLDE, Bijapur

Dr. Aseem Kapadia, KMC, Manipal

Dr.Revansiddappa Kanagali, St. Johns Medical College, Bangalore

#### **KUA Uroquiz:**

Dr. Ashwin Mallya, Institute of NephroUrology, Bangalore

Dr. Pritham Sharma, KMC, Manipal

Dr. Arun Chawla, KMC, Manipal

#### SOGUS 2015, KHAMMAM

(Report by Dr. Suryaprakash, Hon. Secretary, SOGUS AP & T)

The 27th annual conference of Society of Genitourinary Surgeons (SOGUS) of Andhra Pradesh and Telangana was held at Khammam on 7th and 8th November 2015. Dr Gurunatha Rao and Dr Sasikumar organized the Conference. The venue was at Mamata Medical College, Khammam

The event was attended by 165 urologists of both the states. Dr Ranganatha Rao Endourology Oration was delivered by Dr Ravindra Sabnis on- "PCNL tract- how small is small?". Dr Krishna Moorthy, Secretary ASU, delivered talk on "LUTS and Sex". Dr C Mallikarjuna moderated Pediatric urolithiasis symposium.

Dr Visweswar Rao from Guntur delivered Dr G P Ramayya Oration on "Changing Trends in Urology Practice." Dr Gopichand was the quiz master for Quiz for postgraduates. Dr P V L N Murthy gave a lecture on "NMIBC-Update on Intravesical therapy". Point Counter Point debates were on topics- VEA vs ICSI and Bipolar TURP vs Laser Enucleation. There were free paper, Video and Moderated

Mr Ajay Kumar, MLA of Khammam was the chief guest for the inaugural function. Dr A Mohan, President ASU was the guest of



#### OFFICE BEARERS OF SOGUS AP & T, 2015-2016

President: Dr C Mallikarjuna, Hyderabad. President Elect: Dr Ch. Subba Rao, Visakhapatnam Hon. Secretary: Dr V Chandra Mohan, Hyderabad

Treasurer: Dr B Laxman Goud, Hyderabad Council members:

Dr Rahul Devraj, Hyderabad

Dr Prasad M, Visakhapatnam.

Dr N. Srinivas, Hyderabad

Dr G Chandra Mohan, Anantapur

#### AWARD WINNNERS DURING THE CONFERENCE

#### Pinnamaneni Polyclinic award:

Dr V Chandra Mohan, Hyderabad: "Retrospective analysis of 339 cases of RIRS - a single center experience".

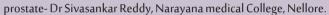
#### Dr Sharat Kumar PG paper Prize:

First Prize: Total antioxidant capacity in semen in evaluation of male infertility- Dr Srikanth Reddy,postgraduate, Narayana medical College, Nellore

Second prize: Comparative study of tubeless vs totally tubeless PCNL.- Dr Goyal Naresh Kumar, Karimnagar.

SVIMS Best Video prize: Bipolar Transurethral Enucleation of





#### Satya Kidney Center Poster Prize:

First prize: A Novel technique of tunnelleing PTFE graft for dialysis

access. Dr G Sankar, narayana medical College, Nellore. 2nd prize:Simple renal cyst causing inferior vena cava compressionan unusual presentation.- Dr Sridhar P, Guntur Medical Collge,

3rd prize: Modified Glenn Anderson Technique for the correction of incomplete penoscrotal transposition with hypospadias – our experience. Dr Pradeep MSR, Osmania Medical college, Hyderabad.

#### Unmoderated Poster prize:

Infra Renal IVC tumour thrombus of RCC: a rare case report. Dr Satish B, SVIMS, Tirupati











#### **TAPASUCON 2015, PUDUCHERRY**

(Report by Dr.L.Dorairajan, Hon. Secretary, TAPASU)

The 20th Annual Conference of the Tamil Nadu and Pondicherry Association of Urologists - TAPASUCON 2015 was organized by the Department of Urology, JIPMER, Puducherry and the Pondicherry Renal Sciences Society in JIPMER on 26th & 27th Sept 2015. The conference was preceded by a Live Operative Workshop on the theme of Newer Energy Sources in Urology. Various eminent experts from all over the county demonstrated the application of the newest lasers and energy dévices in various Urological procedures. The use of Holmium laser in different procedures for treatment of stone disease was demonstrated. Dr. Ravindra Sabnis demonstrated Ultra Mini PNL, Dr. Vijay Kumar demonstrated Mini PNL and Dr. K. Saravanan and Dr. M. Arul demonstrated RIRS. The merits of different types of lasers in the treatment of BPH were also highlighted. Dr. Anshuman Agrawal from New Delhi demonstrated HÖLEP, Dr. Bibhas Kundu from Kolkata demonstrated Thulium prostatectomy and Dr. Gregg Eure, from Virginia, USA, demonstrated photo selective vaporization of the prostate using green light laser. Dr. Nikhil Khattar from Delhi demonstrated saline TURP. Dr. M. Ramalingam from Coimbatore demonstrated laparoscopic nephrectomy and laparoscopic ureteric reimplantation using hand held ultrasonic dissection system and with Ligasure. Dr. V. Muthu from Chennai demonstrated the uses of Harmonic scalpel in the dissection for performing laparoscopic nephrectomy. The workshop was attended by about 150 persons, including urologists and postgraduate students. Eminent faculty moderated various sessions that was widely appreciated. There were also state of the art lectures on role of different lasers in Urology and saline TURP. Eminent colorectal surgeon Dr. Kishore Valapati from Hyderabad took a lecture on the science of tissues management. Expert faculty including Dr. P. N. Dogra and Dr. Amlesh Seth from AIIMS, New Delhi, Dr. Deepak Dubai from Bangalore and Dr. Ajith Vaze from Mumbai presented their best videos on different robotic and laparoscopic surgery which was highly appreciated by the delegates.



The conference was attended by more than 220 delegates. 108 research papers were presented by various postgraduate students and faculty members. There was a state of art of lecture on Bone Health in Urological Cancers by Dr. Thomas Paul from CMC Vellore. The Symposium on 'Gynaecology for Urologists' moderated by Dr. Nitin Kekre, Professor of Urology, CMC Vellore was widely appreciated. The sessions contained lectures by eminent gynaecologists including Dr. A. Tamilselvi from Chennai, Dr. Gowri Dorairajan and Dr. S. Habeebullah from JIPMER, Dr. Aruna Kekre from CMC, Vellore. There were also a very interesting guest lectures under the Kanyakumari Urology Club Guest Lecture session by Dr. T. N. Ravisankar from Chennai on Clinical Establishments Act.

The chief guest at the inaugural function was Dr. Rajeev Sood, President Elect of the Urological Society of India and Dean, PGIMER and RML Hospital, New Delhi. Dr. Santosh Kumar, Chairman of the Organizing Committee welcomed the invitees. Dr. R.R. Surendran, President of TAPASU delivered the Presidential address. Dr. J. Balachander, Director, JIPMER and Dr. A. Mohan, President of ASU also felicitated the gathering. Dr. L. N. Dorairajan, Secretary TAPASUCON presented the Annual report of the association. Dr. M. Ramalingam was awarded the Urotan Gold Medal for his stellar contributions in the field of Urology. Dr. R. Manikandan, Joint Organizing Secretary proposed the vote of thanks. In the Annual General Meeting that evening, Dr. C. Ramasamy was elected as the Vice President of TAPASU. It was also announced in the meeting that the Urotan Gold Medal for the year 2016 will be awarded to Prof. P.B. Sivaraman and the Dr. S.B. Umapathy Oration for the year 2016 will be delivered by Prof. Nitin Kekre.

In the valedictory function on 27 September 2015 Dr. R. R. Surendran handed over the charge to the incoming president Dr. C. Gauthaman.

#### **OFFICE BEARERS OF TAPASU, 2015-2016**

President : Dr. C. Gauthaman
Vice President : Dr. C. Ramaswamy
Past President : Dr. R.R. Surendran
Secretary : Dr. L.N. Dorairajan
Treasurer : Dr. R. Manikandan
Members :

Dr. C.P.M. Chandrasekar, Madurai Dr. S.M. Kannan, Tirunelveli Dr. K.S. Devanathan, Tiruchirapalli Dr. Aravindan Elangovan, Erode Dr. Veeramani Muthu, Chennai Dr. K. Senthil, Coimbatore

#### **AWARDS AND PRIZES OF TAPASUCON 2015**

1.Dr Krishnamurthy Free Paper Prizes

i.Dr. K.R.S. Bhat, Govt. Stanley Medical College and Hospital, Chennai, for the paper 'A study of use of Tunica vaginalis flap in adult reoperative hypospadias'

ii.Dr. Karthik Rajan, Madras Medical College, Chennai, for his paper 'Forgotten Ureteral Stents — Our Institutional Experience'. 2.Sri Shanmugam Prize for Ideas and Innovations — Dr. K. Senthil, Coimbatore, for his paper 'Optimising intraabdominal pressure during laparoscopy'

3.Sri Vedanayagam Prize in Uro- Oncology - Dr Jayesh Mittal, JIPMER, Puducherry for the paper 'Partial Nephrectomy for Renal Masses: a reappraisal.'

4. Pondicherry Video Prize -

Jointly shared by Dr. Nikhil Khattar, PGIMER and RML Hospital, New Delhi for the video 'Moving on from repeated urethral dilatations: Our experience with dorsal vaginal graft urethroplasty for female urethral strictures' and Dr. Sanjay Pandey, Kokilaben Dhirubhai Ambani Hospital and Research Institute, Mumbai for the video 'Single stage Penile skin flap inversion vaginoplasty with urethral inlay as Male to Female Gender reassignment'.

5.Salem Poster Prize — Dr. Sathish Kumar RM, Velammal Medical College And Research Institute, Chennai for the poster 'Complex situation made easy- PCNL in ectopic fused kidney'

6.Dr Thanikachalam Prize in Uro-Radiology Quiz for Post Graduate students — Dr. Karthik Rajan, Madras Medical College, Chennai.



#### **UAKON 2015, KOLLAM**

(Report by Dr. Vinod KV, Hon. Secretary, UAK)

The 29th Annual Conference of Urological Association of Kerala UAKON 15 was conducted on October 10 & 11 at Hotel Raviz, Kollam. It was hosted by Kollam Urology club with Dr.R.P. Madhavan as the Organising chairman and Dr.K.P. Muraleedharan as the organizing secretary.

The meeting was inaugurated by Dr. Hamsa Thayyil, Hon. President

UAK. Dr.H.KrishnaMoorthy, Secretary of Association of Southern

Urologists released the Souvenir and launched the social awareness campaign against Bladder Cancer. The senior members of the association- Prof.Roy Chally, Prof.Sasidharan.K,Dr.V.N.Moni, Dr.K.M.Aniyan, Dr.K.R.Vikraman, Dr.Rafeek.Y & Dr.Bahulaeyan Nair.G.R were honoured by theHon. President UAK as part of Gurupooja. The senior members joined the inaugural ceremony. The meeting was unique in having guest lecture by a foreign faculty-Dr. Christopher G. Wood from MD Anderson Cancer Centre USA. He spoke on managements of Renal tumour with IVC thrombus and Metastatic RCC. Other guest lectures were by Dr.R.C.Sreekumar on 'Access for Haemodialysis' and Dr.Arun Sasikumar on 'Ga-PSMA-PET CT imaging'. Dr. Venkatesh Krishna Moorthy delivered a lecture on Vesicoureteric Reflux. Prof.G. Venugopal shared his experience in Retroperitoneoscopic pyeloplasty and Dr.H.Krishna Moorthy explored the Grey Zones of Partial Nephrectomy. The common pitfalls in Penile Prosthesis implantation was discussed by Dr.Krishna Prasad and Prof.Kim Mammen gave an overview of the management of Peyronies diease. Dr.Sandeep shared his learning curve in Holep Surgery. Dr.Darwin Therattil conducted the Second Opinion Session with eminent faculty-Dr. Suresh Bhat, Dr. Venkatesh Krishna Moorthy and Prof. Syam K Ramesh giving their expert comments. Journal Scan session done by Dr.Haris.C.H gave the delegates an overview of the recent articles in the Urology journals. The UroQuiz conducted by Dr.Murali.PM was well appreciated with practical and tricky questions.

Prof.Syam K Ramesh gave the Prof.Roy Chally Oration-2015. He talked on Orthotopic Neobladder. The Review Paper on Management of Painful Bladder was presented by Dr.Luqman Ahammed.

There were 8 Podium presentations and 4 video presentations in the Prize session. Fourteen papers were presented in podium session. Twenty Nine posters were displayed in electronic format and were discussed in Moderated session. Seven videos were presented in the general category. The presentations were conducted as parallel sessions. The presentations truly reflected the amount of scientific and clinical activities happening in Kerala utilising technological advancements in the field

Annual General Body Meeting was convened on the first day (10.10.15) at 4.45 pm. The meeting was followed by Banquet at Cloud Resort, Nellimukku.

The conference was attended by 131 delegates, 45 Post graduates and 50 accompanying persons. The meeting concluded by valedictory Function in which the new office bearers were inducted by the incoming President-Dr.Nebu Issac Mammen.



#### **OFFICE BEARERS OF UAK, 2015-2016**

President - Dr.Nebu Issac Mammen, Tiruvalls
Vice President - Dr.H.Krishna Moorthy, Kochi
Hon.Secretary - Dr.Vinod.K.V, Thiruvananthapuram
Hon.Joint Secretary - Dr.Rajeevan.A.T, Kozhikode
Hon.Treasurer - Dr.PrasadACheeramattom,
Tiruvalla

Hon.Editorial Secreatary Executive Members

- Dr.Biju.S.Pillai,Kochi -Dr.Venuchandran, Thrissur, Dr.Venugopal.A.V,Kozhikode, Dr.Mahesh.K,Kochi, Dr.Renu Thomas,

Thiruvananthapuram

#### **PRIZES AND AWARDS OF UAKON 15**

**Best Podium Presentation: Dr Priyank Bijalwan**- Outcome and Complications of Living Donor Pediatric Renal Transplant: A Tertiary Center Experience, AIMS.Kochi

**Best Poster Presentation: Dr Shankar Ram HS** -Mobile Cam Lap Endotrainer T D Medical College Alleppey.

Best Video Presentation: Dr.George P Abraham 3D Laparoscopy Pyeloplasty in Malrotated Kidneys and Long Segment PUJ Obstruction, Dept.of Urology, Lakeshore Hospital, Kochi

Best Review Paper: Dr.Luqman Ahammed, Alleppey

Komaranchath Prize: Dr.H.Krishna Moorthy, Lourdes Hospital, Kochi 'Intrinsic Tumour Factors Affecting Recurrence in Non Muscle Invasive Bladder Cancer: a Hospital Based Study from India' published in the Asian Pacific Journal of Cancer Prevention, Vol 16, 2015

**DR.P.Subramoniam PG Travel Fellowship:** Dr.Ranjeet Singh Rathore, Lourdes Hospital, Kochi

**Uro Quiz** 

First Prize : Dr.Nithya,Trivandrum Second Prize : Dr.Priyank Bijalwan, Kochi





